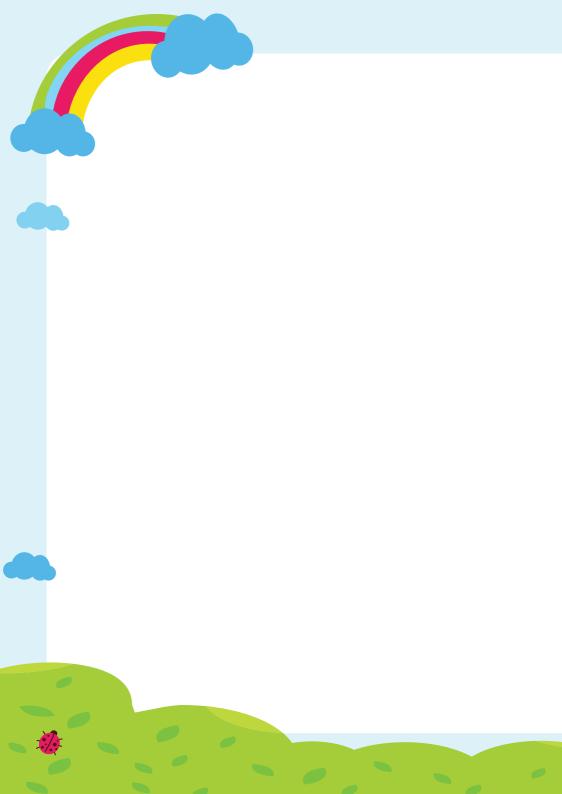


Responsible Child Tourist Guide









1-What is Sustainable Tourism?

It is a tourism approach that ensures the preservation of environmental, social and cultural values, considers the needs of people living in the region as well as those of tourists, and aims to provide sustainable and permanent benefits.

2-How to be a Responsible Tourist?

We meet almost all of our needs directly or indirectly from nature throughout our lives. Therefore, it is of great importance to pay attention to environmental preservation and sustainability in the use of natural resources.

1. Be a responsible tourist, reduce water and energy consumption!

BECAUSE: We have limited resources. Unnecessarily consumed resources cause the destruction of nature.

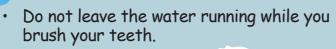


• If the balcony door or the windows are open in the place you are staying, make sure that the air conditioner is turned off.



 Reuse your towels and sheets unless they are very dirty. This will enable you to save both energy and water.







• Turn the lights off when there is daylight.



• Take shorter showers.





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2. Be a responsible tourist, do not generate unnecessary waste!

BECAUSE:

Garbage thrown into the environment causes environmental pollution and threatens the lives of living beings.



• Generate as little waste as possible.



• Do not throw your waste randomly, separate it and use the recycling bins.



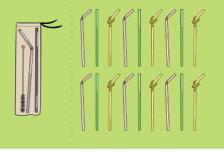
Do not use plastic bags. You can use a cloth bag, backpack or mesh bag.



 Have a reusable bottle of your own.
You can drink your water from a reusable bottle instead of using a plastic cup.



 Do not use plastic straws.
If you are going to use one, choose those made from natural and recyclable materials.



 Avoid wasting food.
Do not have more food in your plate than you can consume.



3. Be a responsible tourist, love and protect the nature!

BECAUSE: There is no other planet we can live on.



• Do not cause harm to plant and animal species in the place you visit.



• Do not unconsciously feed animals and do not pluck plants.



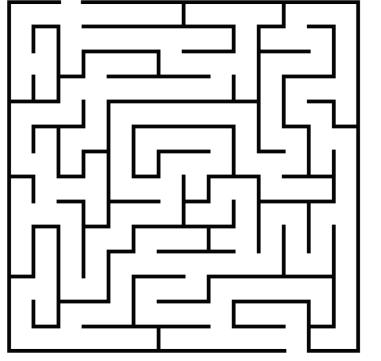
Research the place you are going to visit in advance. Take note of the plants and natural beauties that are unique to the region.



 Make sure to choose an accommodation that is environmental friendly.
Advise your family regarding this.









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4. Be a responsible tourist, show respect to the culture of the region!

BECAUSE:

Everyone has the right to see the natural and cultural values in the region.



• Research the place you are going to visit in advance. Take note of the natural and cultural heritage sites that the place you are going to visit has.



• Respect the culture of the people in the area.



Support local businesses. Prefer local products and local tastes. In this way, you can support the local production and economy.



• Do not take photographs of other people without obtaining their permission.



• Comply with the rules in historical and cultural areas.



• Learn about intangible cultural heritage and preserve it for future generations.



5. Be a responsible tourist, prefer environmentally friendly transportation options!

BECAUSE:

Air and noise pollution negatively affect both human health and urban life.



• If you are going somewhere close, use a bike or walk.



• Use public transportation options like a train or a bus.



If you are traveling by plane, try to pack less and pack a smaller suitcase.



When choosing the travel agency you will travel with, pay attention to whether it supports sustainable tourism or not.



Be a responsible tourist, raise awareness of the people around you and protect your heritage!

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